

Clothing Selection

Objectives:

- To provide an opportunity for all 4-H members, 4th – 12th grade, to demonstrate their ability in effective clothing selection and purchase
- To learn how to select clothes wisely for the purpose of presenting a better appearance
- To cultivate a habit of becoming aware, informed and more selective consumers

Eligibility:

Clothing Selection is open to **all** 4-H members, 4th – 12th grade (not open to Primary members). A member **need not be enrolled in the Clothing and Textiles project**. The only requirement is that one be a 4-H member and be interested in taking on the challenge of assembling an outfit. The amount of money spent by the participant will NOT be considered as a criterion for placing, but **should not exceed \$150**, including accessories.

Entry Forms:

Each participant must submit one copy of the Clothing Selection Entry Form with copies of sales receipts and written commentary. **(Sample included in packet.) Send your completed entry forms by the deadline to the Ukiah 4-H Office, 890 N. Bush Street, Ukiah, CA 95482.**

Divisions:

There are two divisions of competition:

- Junior – 8th grade and under
- Senior – 9th grade and above

Judging:

Judging will be held on the day of Fashion Revue and will be based on the total appearance of the participant. This will include: grooming, creative selection, becoming color, pleasing combinations, good fit, etc. Clothing Selection participants must also be prepared to explain to a panel of judges the reasons for having selected their outfit.

Awards:

Clothing Selection participants will be eligible for first, second, or third place ribbons. There will be one County Winner award given in both Junior and Senior class in this category.

Clothing Selection Guide Sheet

Open to all 4-H members, 4th – 12th grade
(not open to Primary members)

Assembling an outfit for the Fashion Revue can be fun! Keep in mind that the purpose of Clothing Selection is to provide you with the opportunity to demonstrate your ability in effective clothing selection and purchase.

Ask for help when you are preparing to select and buy your outfit for the Fashion Revue. You might know of someone in your community whose “good taste” you have always admired. Ask for suggestions and ideas. And, don’t forget the possibility of advice from someone in your family.

Participants in Clothing Selection will be required to give an oral presentation to a team of judges stating the reasons for their selection. The oral presentation should cover the points described below. For the most part, judges will listen, but may ask questions for clarification. You may use your own notes for the presentation. Judges will have a copy of the entry form.

In undertaking the Clothing Selection part of the Fashion Revue, keep the following points in mind:

1. Select an event or occasion for which you would like to assemble your outfit, i.e. school, job, date, party, church, or out to dinner with your family, etc. Your outfit will be judged on appropriateness and practicality for the occasion selected. Ask yourself and others, “Is this outfit appropriate for the occasion?”
2. Determine hour budgetary allowance: how much money can you spend for your outfit? You will be judged on the quality of your outfit. Did you buy quality in proportion to the money spent? **You will not be judged on the actual amount of money you spent.** Ask yourself the following questions, “Can I mix and match this outfit with other clothes in my closet? Am I buying only one outfit or does this outfit have potential for making two or three more outfits if I incorporate something else with it which I already have?”
3. Determine what colors look best on you. Do you frequently get compliments when you wear a particular color? Ask your family and friends what colors look best on you. Experiment with different colors in front of your mirror. When you are ready to select a particular color or outfit, ask yourself if that color can be worn with other colors in your closet.
4. Determine what styles look best on you. Is the style becoming to you? Is it suitable for your size, body build, and age? Accentuate your good points and play down or camouflage the negative.
5. **Fit is important.** Ask yourself, “Does my garment fit?” This question depends on both appearance and comfort for its answer.
6. What is the fiber content of your garment(s): i.e. polyester, cotton, nylon? How will you care for the outfit? Does it need to be dry cleaned, hand washed, machine washed – gentle cycle,

warm water, etc.? Always keep the care label instructions for all garments purchased. Clothing, properly cared for, will retain its shape and good looks.

7. What accessories will you choose for your outfit? Accessories are those few extras that give an outfit that “special touch” and a look of completeness. Shoes are included as accessories. Is your choice of accessories suitable for your age and chosen occasion? Have you chosen a pleasing number of accessories – enough to compliment but not to overpower your outfit? Don’t forget that experimentation with your possible accessories may pay off. And, finally, don’t forget that a smile is always a winning accessory.
8. Are you as neat and clean as possible? If you use makeup, have you used it tastefully? Is your hair appropriately and becomingly styled? Are your hands and nails clean and well cared for? Are your shoes polished? Good grooming does not start the night before the Fashion Revue.
9. Overall appearance: Ask yourself the following questions: “Does this outfit express my personality? Do I feel comfortable in it? Does it make me feel proud that I am looking my best? Does this outfit add spice and variety to my wardrobe?” Remember, clothes compliment, - never, never dominate – the person.
10. Finally, ask yourself, “What have I learned from the experience?”

Judging for the Clothing Selection will be different from that of Clothing Construction. Participants in Clothing Selection will be required to give reasons for their selection orally to a panel of judges covering all of the above points. For the most part, judges will only listen, but may ask questions for clarification.

You may use **your own notes** for your presentation. Judges will have a copy of your entry form.

